Tomato Salsa

Type: Snack/Main **Serves:** Tastes 30 **Recipe source:** Taste.com.au

EQUIPMENT:

Mixing bowl

Cooks Knife

Wooden spoon

Knife

Chopping board

TO SERVE:

Bowls

INGREDIENTS:

1 red onion, finely chopped, soaked in water for 15 minutes, drained

2 cups coriander leaves, chopped

2 garlic cloves, finely chopped 1/2 green capsicum, finely

chopped

2 long red chillies, seeds removed, finely chopped

4 tomatoes, seeds removed,

finely chopped

Juice of 1/2 lemon

2 tablespoons white wine vinegar

2 tablespoons extra virgin olive oil

1 teaspoon dried oregano

- 1. Finely chop the red onion and soak in water for 15 minutes.
- 2. Finely chop coriander leaves, garlic cloves, red chillies, capsicum and tomatoes.
- 3. Juice the lemon.
- 4. Place white wine vinegar, olive oil, oregano and lemon juice and stir until combined.
- 5. Place all ingredients in a bowl, season with the combined vinegar, olive oil and lemon juice mixture and toss to combine. Cover and chill for 2 hours for flavours to infuse.
- 6. Serve.

Three-milks Cake

Type: Dessert/Snack Serves: Tastes 30 Recipe source: Taste.com.au

EQUIPMENT:

Mixing bowl

Cooks Knife

Wooden spoon

Loaf cake tin

Electric mixer

Skewer

TO SERVE:

Large platter

INGREDIENTS:

100g butter, softened

3/4 cup caster sugar

1 teaspoon vanilla extract

5 eggs, separated

1 1/3 cups self-raising flour

1/2 cup milk

2/3 cup thickened cream,

whipped

100g glace pineapple, chopped

40g pistachio kernels, chopped

(optional)

<u>Glaze</u>

185g can evaporated milk

3/4 cup sweetened condensed

milk

- 1. Preheat oven to $180^{\circ}C/160^{\circ}C$ fan-forced. Grease a 7cm-deep, 20.5cm \times 11cm (base) glass or ceramic ovenproof loaf pan (see note). Line base and sides with baking paper, allowing a 2cm overhang at both long ends.
- 2. Using an electric mixer, beat butter, sugar and vanilla in a large bowl on medium-high speed until pale and creamy.
- 3. Add egg yolks in 2 batches, scraping down sides of bowl and beating well between additions. Wash and dry beaters. Beat eggwhites in a clean bowl on high speed until soft peaks form.
- 4. Add half the flour to butter mixture. Stir gently to combine. Add half the milk. Stir to combine. Repeat with remaining flour and milk. Fold in eggwhites.
- 5. Spread mixture into prepared pan. Smooth surface. Bake for 50 to 55 minutes or until a skewer inserted into the centre comes out clean (cover cake loosely with foil if over-browning during cooking).
- 6. Make glaze: Combine milks and rum (if using) in a jug. Using a skewer or fork, pierce warm cake all over. Slowly pour glaze over so it soaks into cake. Cool at room temperature for 30 minutes. Refrigerate, covered, for 4 hours or overnight.
- 7. Remove cake from pan. Spread cream over cake. Top with pineapple and pistachios. Serve

Chilli Con Carne

Type: Main Serves: Tastes 30 Recipe source: Taste.com.au

QUIPMENT:	INGREDIENTS			
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Mixing bowl 2 teaspoons olive oil

Cooks Knife 125g rindless bacon, roughly

Wooden spoon chopped

Saucepan 750g lean beef mince

Measuring cups

Measuring spoons

2 medium brown onions, finely chopped

2 medium red capsicums, chopped

TO SERVE: 3 garlic cloves, crushed

Bowls 1 long red chilli, chopped

2 tablespoons Mexican chilli

powder

800g can chopped tomatoes

400g can red kidney beans,

drained, rinsed

- 1. Heat oil in a large saucepan over medium heat. Add the bacon and cook for 5 to 6 minutes or until crisp. Add the mince. Cook, stirring with a wooden spoon to break up mince, for 15 minutes or until browned.
- 2. Add onions, capsicums, garlic and chopped chilli. Cook for 5 to 6 minutes or until vegetables are soft. Add chilli powder. Cook, stirring for 1 minute or until fragrant.
- 3. Add the tomatoes and 1 cup cold water. Bring to the boil. Reduce heat to medium low. Simmer partially covered, for 30 minutes or until sauce has reduced slightly.
- 4. Add the beans. Increase the heat to medium. Cook for 15 minutes or until beans are heated through and sauce has thickened.
- 5. Serve chilli with toppings.

Homemade Tortillas

Type: Main/Snack Serves: Tastes 30 Recipe source: Taste.com.au

EQUIPMENT:

Mixing bowl

Knife

Wooden spoon

Measuring spoons

Measuring cups

Rolling pin

Sifter

Frying pan

Egg flip

TO SERVE:

Large platter

INGREDIENTS:

3 cups plain flour

1 teaspoon salt

1 teaspoon baking powder

1/3 cup vegetable oil

1 cup warm water

- Combine flour, salt and baking powder in a bowl. Mix dry ingredients until well combined. Add oil and water and mix, scraping the sides of the bowl as you go. When mixture comes together and begins to form a ball continue to mix for 1 minute or until dough is smooth.
- 2. Transfer dough to a well-floured work surface. Divide dough in half, then in half again and continue until you have 16 fairly equal portions. Form each piece into a ball and flatten with the palm of your hand as much as possible. If the dough is sticky, use a bit more flour. Cover flattened balls of dough with a clean kitchen towel and allow to rest for 15 minutes.
- 3. After resting, heat a large frying pan over medium-high heat. There is no need to use oil. Roll each dough piece into a rough circle, about 6-7 inches in diameter, keeping your work surface and rolling pin lightly floured. Don't stack uncooked tortillas on top of each other or they will get soggy.
- 4. When your pan is very hot, place one dough circle into pan and allow to cook for 1 minute or until bottom surface is lightly browned in places and starting to bubble. If tortilla is browning too fast, reduce heat a bit. If it's taking longer than a minute to see golden brown spots on underside of tortillas, increase heat a bit. Flip tortilla and cook for about 30 seconds. The tortilla should be soft but have small golden brown spots on surface. Remove from pan with tongs and stack on a plate until all tortillas are cooked.

Guacomole

Type: Main/Snack **Serves:** Tastes 30 **Recipe source:** Taste.com.au

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Mixing bowl

Knife

Wooden spoon

Measuring spoons

Measuring cups

Frying pan

Fork

Juicer

TO SERVE:

Bowls

INGREDIENTS:

1 teaspoon ground cumin

1 teaspoon ground coriander

2 ripe avocados, halved, stone

removed, peeled

1/2 red onion, finely chopped

1 red chilli, seeds removed, finely

chopped

1/4 cup finely chopped fresh

coriander

2 tablespoons lime juice

- 1. Toast the cumin and ground coriander in a frying pan over medium heat for 1 minute or until aromatic.
- 2. Transfer to a bowl. Add the avocado and mash until smooth.
- 3. Add the onion, chilli, fresh coriander and lime juice.
- 4. Stir to combine.
- 5. Season with salt and pepper and serve with corn chips.

Corn chips

Type: Main/Snack **Serves:** Tastes 30 **Recipe source:** Taste.com.au

EQUIPMENT:

Mixing bowl

Knife

Wooden spoon

Measuring spoons

Measuring cups

Baking trays

Rolling pin

Baking paper

INGREDIENTS:

1 cup polenta

2/3 cup plain flour

1/2 teaspoon salt

1 teaspoon baking powder

1/4 cup olive oil

1 teaspoon sea salt

TO SERVE:

Platter

- 1. Preheat oven to 200°C/180°C fan-forced. Combine polenta, flour, salt and baking powder in a bowl. Add oil and 1/2 cup cold water. Stir to combine.
- 2. Divide dough into 2 balls. Using a rolling pin, roll 1 ball between 2 sheets of baking paper until 1mm thick ($37 \text{cm} \times 28 \text{cm}$ rectangle). Sprinkle with sea salt. Cover with baking paper. Re-roll lightly to press in salt. Remove top sheet of paper.
- 3. Lift paper and dough onto a baking tray. Using a bread and butter knife, mark dough into 5cm triangles, pressing down firmly. Repeat with remaining dough ball.
- 4. Bake, 1 tray at a time, for 15 to 18 minutes or until golden and crisp. Cool on trays. Break into triangles.